

Balance Your World™
with Lynn Fraser

Top 10 Checklist

Does this bring me **JOY?**

How many do I already have, and is that enough?

Am I using this?

Have I used this in the past year?

Who am I keeping this for?

Do I have enough space for this?

Does this work?

Is this worth storing or filing?

Do I have enough time to actually use or read this?

**Does keeping this align with my
GOALS & VALUES?**

Declutter & Organize in a Holistic Way with Lynn Fraser
W: www.lynnfraser.ca P: 780.465.9893